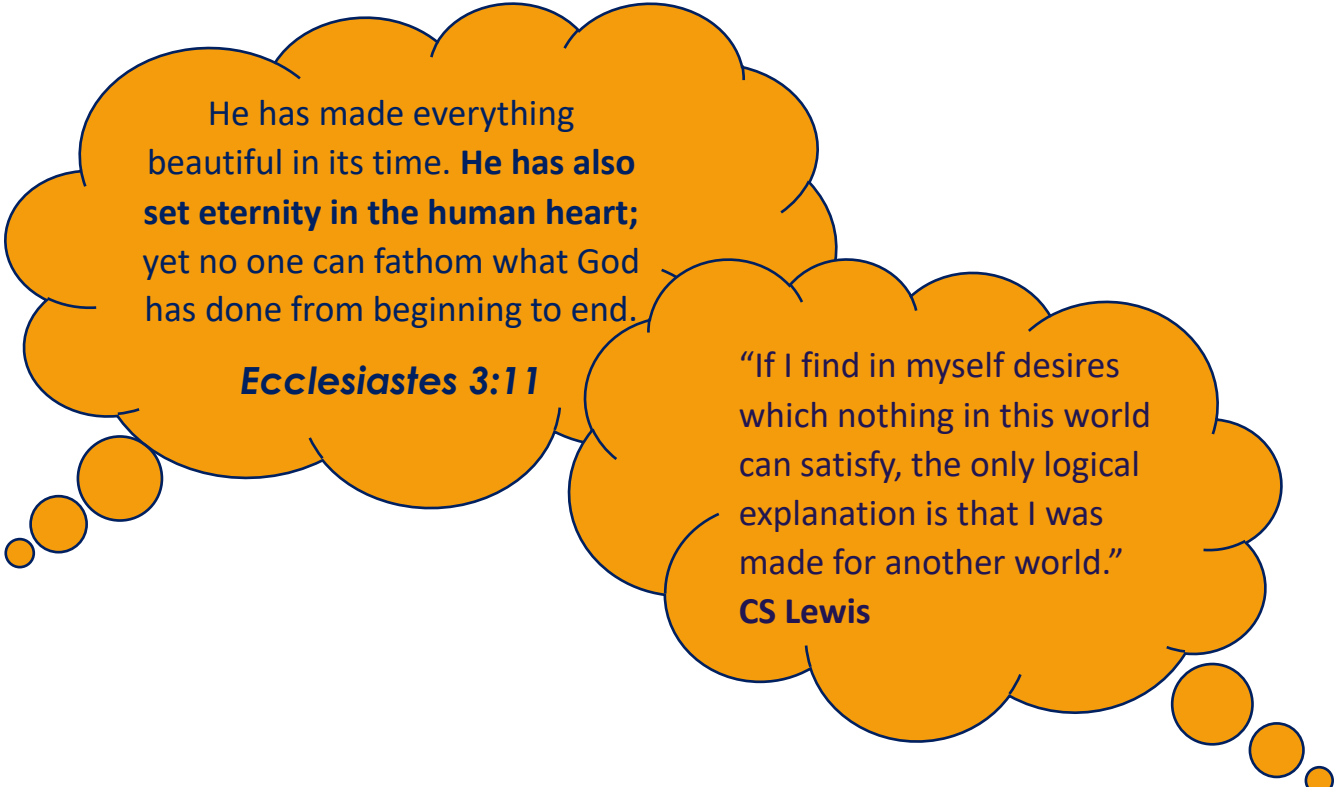


Spiritual Development

At Lower Heath, we aim to provide education for the whole child to enable all pupils to flourish. We provide opportunities to promote spiritual, moral, cultural, mental and physical development to prepare children for responsibilities and experiences of later life.

Spirituality is a very personal experience and is different for every person. It can change during a person's lifetime. Spirituality is not the same as having a religion or faith; a person can be spiritual without having a particular faith.



He has made everything beautiful in its time. **He has also set eternity in the human heart;** yet no one can fathom what God has done from beginning to end.

Ecclesiastes 3:11

"If I find in myself desires which nothing in this world can satisfy, the only logical explanation is that I was made for another world."

CS Lewis

SPIRITUAL STYLES: THE NINE SACRED PATHWAYS

In *Sacred Pathways: Discover Your Soul's Path to God*, Gary L Thomas describes nine different spiritual styles or "sacred pathways."

The sacred pathways describe the ways we may prefer to develop our spirituality. We can identify our sacred pathway and use practices which come naturally to that pathway – though we do not have to stick to one pathway.

Using this approach, here are some examples of how spirituality is developed at Lower Heath CE Primary School.

Spiritual Health

- Allwood World
- Outdoor play
- Nature in art
- Reflection time
- External visits

NATURALISTS

- Candles in worship
- Singing together
- Communal worship at church

SENSATES

- Festival celebrations
- Daily Worship
- Symbols and values
- Celebrating seasons

TRADITIONALISTS

- Spiritual Garden
- Rest Easy
- Silent reading
- Reduced distractions in classes

ASCETICS

- Harvest
- Black History Month
- Courageous Advocacy
- Interfaith week
- Charities

ACTIVISTS

- Elmhurst Care Home
- Reading Buddies
- Wellbeing Ambassadors

CAREGIVERS

- Child-led worship
- Thankfulness value
- Lower Heath Pledge

ENTHUSIASTS

- Bible Stories
- RE curriculum
- Christmas cards
- Prayer spaces

CONTEMPLATIVES

- Enrichment experiences
- Big questions to challenge
- Awe and wonder in lessons

INTELLECTUALS